



Bharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)

BHARATH INSTITUTE OF SCIENCE AND TECHNOLOGY

No.173, Agharam Road, Selaiyur, Chennai - 600 073.

NATIONAL SERVICE SCHEME



GUIDELINES & ACTIVITIES REPORT

For

2022 – 2023



Bharath Institute of Higher Education and Research

Chennai-600 073

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National service Scheme provides diversified opportunities to students in colleges and universities to develop their personality through community services. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, technology transfer programmes, technologies for rural development, various training programmes for self-help groups and rural youth etc., Considering the benefits Bharath Institute of Higher Education and Research has made NSS Compulsory at UG level for the first two years.

I am happy to learn the activities carried out by the NSS volunteers in Engineering Colleges in Bharath Institute of Higher Education and Research on the theme **Personality Development of the Students through Community Service.**, for pollution free environment, Voter Awareness program, Tree plantation, polio drops, Blood Donation Camps, General Health Camps, Creation of awareness among the public etc.

I Congrats all NSS Students and participants in the Bharath Institute of Higher Education and Research NSS cell

Like last year, the year 2022-2023 shall be another year with vibrant NSS activities on the theme **CLEAN INDIA -GREEN INDIA** The Hand Book suggest only a few activities to be carried out, there could be many more.

I am sure that the volunteers will work towards bringing up the name of their institutions and Bharath Institute of Higher Education and Research through the NSS activities

MESSAGE

“Not me, but you”. This is the motto of NSS in order to inculcate the selfless service attitude in the young minds, NSS was established.

‘Personality Development through Community Service ‘is the main objective of NSS. If we really involve in community service, our personality will develop automatically. Many NSS Volunteers, who have actively participated in the Social Service, became very prominent persons in various fields. It is the duty of the NSS Programme officers to Identify Individual talents of the NSS Volunteers and make use of their skills for the welfare of the society.

I am happy to know that our NSS units are functioning effectively. Many important Programmes were implemented by the volunteers of this main campus. I hope that other units also might have done like this. I wish to convey my best wishes to all the NSS Programme officers and the volunteers who have actively contributed to the Society. I appreciate the NSS Co-ordinator for his able guidance and support to the NSS functionaries.

Wish you all Success in all your future Programmes.

Dr. R.Vasuki

Dean, Events

PREFACE

NSS CO-ORDINATOR

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The overall objective of National Service is Educational. This objective is attained through the service to the community.

NSS is a permanent youth program under the Ministry of Youth Affairs and Sports, Government of India and funded by Government of Tamilnadu and Government of India in the ratio 5:7.

Bharath Institute of Higher Education and Research Chennai is a large affiliating technological University with over 4 constituent and affiliated Engineering colleges involving over 12 thousand students. The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth for creating the job opportunity, through conducting different types of training programs. As a step towards this direction, Bharath Institute of Higher Education and Research NSS cell has brought out this Guidelines with the rules and guidelines for conducting various Regular and Special Camping activities, to ensure uniformity in the programs. The NSS volunteers will get the benefits from the NSS activities like job opportunities, self-confidence, leadership quality etc.

The Guidelines takes care of modifications needed based on the feedback received from the Principals and NSS Programme Officers.

Dr.S.P.Vijayaragavan

NSS Program Coordinator

NSS Cell, BIHER

S.NO	TABLE OF CONTENTS	PAGE NO
1	INTRODUCTION	6
2	OBJECTIVE	6
3	MOTTO	6
4	SYMBOL	7
5	BADGE	7
6	NSS SONG	8
7	STRENGTH ALLOCATED AND ACTIVITIES	9
8	MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS	10
9	NSS UNIT AND PROGRAMME OFFICER	11
10	NSS STUDENT VOLUNTEERS	11
11	NSS THEME FOR THE YEAR 2022-2023	11
12	DUTIES OF NSS VOLUNTEERS	11
13	ACTIVITIES 2022-2023	12

NATIONAL SERVICE SCHEME

1. INTRODUCTION

National Service Scheme (NSS) was introduced in the Mahatma Gandhi Birth Centenary year 1969, as a student youth service programme with the primary objective of developing the personality and character of the student youth through voluntary community service. ‘Education through Service’ is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is “**NOT ME, BUT YOU**”. In the year 1969 it was introduced in 37 Universities involving 40,000 volunteers. Over the years, NSS has expanded many folds and covers more than 40 lakhs students. Now NSS is a **CENTRAL SECTOR SCHEME OF GOVT. OF INDIA** from 2016-17 with 100% funding by the Govt of India.

2. OBJECTIVE

The overall objective of NSS is Personality Development of the Students through Community Service.

The **broad objectives of NSS** are to arouse the student’s Social Conscience and to provide him with the opportunity to:

1. Understand the community in which they work
2. Understand themselves in relation to their community
3. Identify the needs and problems of the community and involve them in problem solving process.
4. To develop a sense of social responsibility,
5. Utilize their knowledge in finding practical solution to individual and community problems,
6. Develop competence required for group living and sharing the responsibilities,
7. Gain skills in mobilizing community participation,
8. Acquire leadership qualities and democratic attitude.
9. Develop capacity to meet emergencies and disasters,
10. Practice National Integration and Social Harmony.

3. MOTTO

"Not me, but you" (Selfless Service)

This reflects the value of democratic living and upholds the need for selfless service and appreciating other person's point of view and show consideration for fellow human beings. It mainly focuses on the welfare of an individual is ultimately dependent on the welfare of society on the whole. It also indicates the selfless service & concern for others. **Not me but you**, Swami **Vivekananda** said this; the real meaning for this is **your need is greater than mine**. It also indicates the selfless service & concern for others.

4. SYMBOL



The Symbol of NSS is the Rath wheel of Konark Sun Temple, Orissa. This giant wheel portrays the cycle of creation, preservation and movement. It signifies the progressive cycle of life. It stands for continuity as well as change and continuous striving for Social Transformation and Up liftment.

5. BADGE

The NSS symbol is embossed on NSS Badge. The NSS volunteer wear it while undertaking programmes. This **Konark Wheel** in the symbol has eight spokes, which represent **24 hours of the day**. The Red colour indicates that the volunteers are full of blood i.e. lively, active, and spirited. The Navy Blue indicates the cosmos of which the NSS is a tiny part ready to contribute its share for the welfare of mankind.

NSS DAY

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day with appropriate program and activities.

6. NSS SONG

During Silver Jubilee Year 1994 the NSS theme song has been composed. All NSS volunteers are expected to learn the theme song and sing the song during NSS program and celebrations.

**We shall overcome
We shall overcome
We shall overcome some day
O! deep in my heart
I do believe that
We shall overcome some day
We'll walk hand in hand
We'll walk hand in hand
We'll walk hand in hand to- day
O! deep in my heart
I do believe that
We shall overcome some day
We shall live in peace.
We shall live in peace.
We shall live in peace to-day
O! deep in my heart
I do believe that
We shall overcome some day
We shall not be afraid
We shall not be afraid
We shall not be afraid to-day
O! deep in my heart
I do believe that
We shall overcome some day.**

7. STRENGTH ALLOCATED AND ACTIVITIES

Regular Activities : 900 (9 Units)
Special Camping Programme : 450 (9 Camps)

Number of Engineering Colleges

Implementing NSS :4 (Institution)

No. of Adopted Villages : 9

No. of Program Officers	:	Male	Female	Total
		7	2	9

Types of Activities : 1. Regular Activities

2. Special Camping Programme

1. Regular Activities:	<p>240 hours for 2 years Under this, every volunteer is involved in various developmental activities for 120 hours in a year. Before involving them in various activities, they should be given orientation for at-least 20 hours so as to make them acquainted with the basics of NSS.</p> <p>20 hours for Orientation 2 Hrs NSS General Orientation 8 Hrs Special Orientation 10 Hrs Skill Training</p> <p>30 hours Campus Work . (Campus development activities) 70 hours community work Urban Work – Slum, Hospital, Destitute home, awareness pro, Traffic Control, etc Rural Work - Literacy, Water harvest Health, Sanitation, and Savings etc. Natural Calamity & Emergency Relief work National Day Celebrations</p>
2. Special Camping Programme	<p>A camp of 7 days duration is organized under specific themes in the adopted villages/slums by involving local youth along with NSS volunteers. (50 % of the unit strength can participate in the special Camp) The activity will be carried out under some special theme from time to time</p>

8. MANAGEMENT OF ENGINEERING COLLEGE NSS UNITS

Each Engineering College has to constitute an Advisory Committee to advice on programme planning and development under the Chairmanship of the Principal. It should meet once in each quarter and first meeting should be beginning of the academic year. The Programme Officer is its member secretary. In case, more than one unit is functioning in the Engineering Institution, the Senior NSS Programme Officer will be the Member-Secretary and the other P.O's may be co-opted as Members. The P.O. has to maintain the Advisory Committee Minutes book

The committee may consist of:

- | | |
|--|------------------|
| 1. Vice Chancellor | Chairman |
| 2. Principal/ Dean | Members |
| 3. Two staff members with social work background | Members |
| 4. Representative of the Development Department, NGO | Member |
| 5. Representatives from the adopted villages/slum/
Welfare agencies | Member |
| 6. NSS Student leaders one(or)two | Member |
| 7. NSS Programme Officers | Member-Secretary |
| 8. Representative of the Youth Officers | Members |

9. NSS UNIT AND PROGRAMME OFFICER

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

10. NSS STUDENT VOLUNTEERS

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

11. NSS THEME FOR THE YEAR2022-2023

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out. **CLEAN INDIA - GREEN INDIA**

12. DUTIES OF NSS VOLUNTEERS

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

1. Establish rapport with the people in the project area.
2. Identify needs, problems and resources of the community.
3. Plan program and carry out the plan.
4. Relate learning experience towards finding solutions to the problem identified, and
5. Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.

13. ACTIVITIES 2022-2023

S.NO	Date	ACTIVITIES
1	03 rd June 2022	NSS Volunteers Enrolment
2	21 st June 2022	International Yoga Day
3	26 th June 2022	International Day Against Drug Abuse and Illicit Trafficking
4	30 th June 2022	Seva Sushasan, Garib Kalyan Mahaquiz
5	08 th July 2022	Digital locker
6	27 th July 2022	NARCOTICS CONTROL BUREAU
7	11 th August 2022	Against Drug Abuse
8	13 th -15 th August 2022	HAR GHAR TIRANGA
9	15 th August 2022	Independence day
10	15 th August 2022	AZADI KA AMRIT MAHOTSAV
11	16 th August 2022	NO TO Drugs Pledge
12	01 st September 2022	Induction Publicity Exhibition
13	16 th September 2022	Costal Cleaning Awareness
14	17 th September 2022	Blood Donation Camp
15	17 th September 2022	Coastal Cleaning Day
16	24 th September 2022	NSS Day
17	26 th September 2022	Rally For E Waste
18	30 th September 2022	Voter ID with Aadhar card link Campaign
19	19 th October 2022	"Clean India 2.0, Mega Cleaning Drive"
20	18 th October 2022	Anti Drug Awareness Rally
21	20 th October 2022	"Lifestyle for the Environment" Pledge
22	28 th October 2022	Ekta Shrinkhala campaign
23	31 st October 2022	Rashtriya Ekta Diwas (National Unity Day) Pledge

24	2 nd November 2022	Independence day
25	7 th December2022	Lake Cleanup
26	16 th December2022	Lake Cleanup
27	16 th December2022	Voter Awareness Program
28	12 th January2023	Swami Vivekananda Jayanthi
29	14 th January2023	Pongal Celebration
30	24 th January2023	National Girl Child Day
31	25 th January2023	National Voter's Day
32	26 th January2023	Republic Day
33	08 th March 2023	World No Smoking Day
34	08 th March 2023	International Women Day Celebration
35	15 th March 2023	THOIMAI NAGARATHIRKANA MAKKAL IAKKAM
36	30 th March 2023	Awareness Film "VIZHITHELU "

NSS Volunteers Enrolment



Pro.VC Dr.R.Venkatesh Babu Motivate to NSS Volunteers.



NSS CELL –BIHER Coordinator with Program Officers at BIHER Campus



Students & Parents Enroll the NSS Volunteers Form

National Service Scheme Enrolment First Year Induction Programme more than 400 students are Enroll in that program held on 03rd June 2022 at Bharath Institute of Higher Education and Research Campus

International Yoga Day

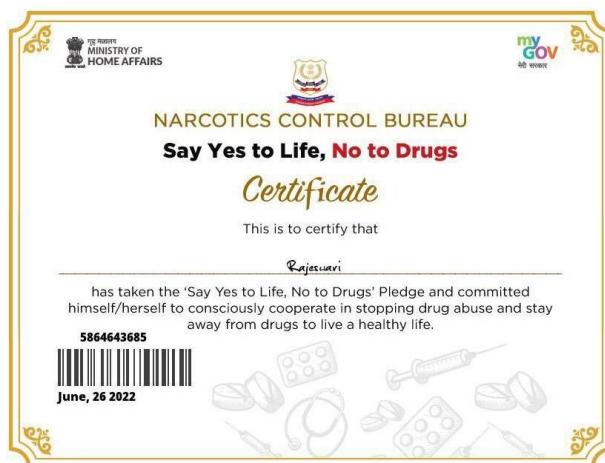


INTERNATIONAL YOGA DAY 21st June 2022



NSS CELL BIHER Proudly Organized “International day of YOGA-2022” Mass yoga Programme based on the theme of YOGA for Humanity at various Places.

International Day Against Drug Abuse and Illicit Trafficking



Our NSS Cell BIHER has to observe “International Day Against Drug Abuse and Illicit Trafficking” In this Connection Our NSS Volunteers of Took Pledge on “SAY YES TO LIFE, NO TO DRUGS” Through My Govt Portal

Against Drug Abuse



Our NSS Volunteers Participated Against drug Abuse-Pledge in Online with Tamilnadu Chief Minister Thiru.M.K.Stalin.

HAR GHAR TIRANGA



Hoist The National Flag At Your Home

Independence day Celebration –BLOOD DONATION



NSS CELL –BIHER Instruction based volunteers are Participated and Organized BLOOD DONATION CAMP More than 75 Students donate the blood.



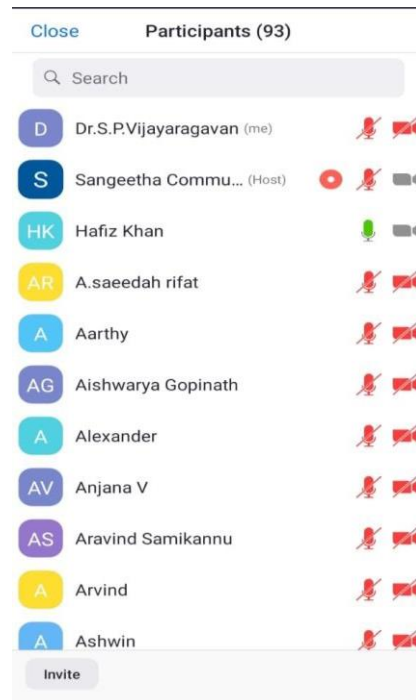
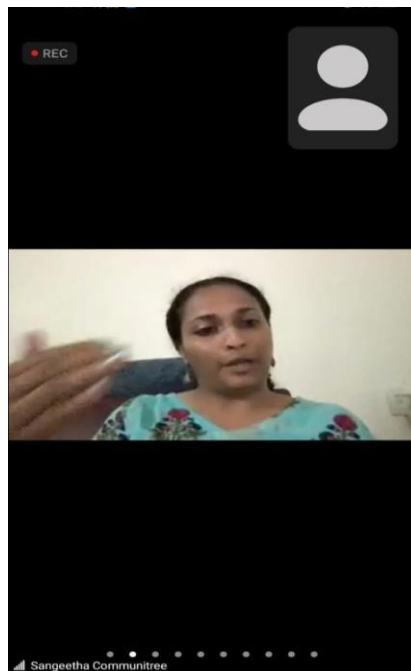
Induction Publicity Exhibition



Induction Publicity Exhibition has successfully in our BIST campus for the students Of BIHER.NSS 60 Volunteers also involved in the special activities. Motivational speech was given by Indian Air force officers.

Costal Cleaning

Online Pre Awareness



Bharath Institute of Higher Education and Research NSS Cell, coastal cleaning awareness preliminary meeting 16-09-2022 volunteers are participated on line cc program more than 90 students

The planet's largest cleanup at namma chennai beach Friday/16 sep'22/5:30pm

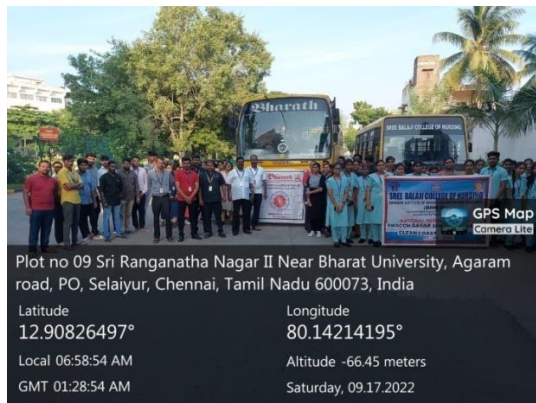
❖ Zoommeeting:<https://zoom.us/j/94540298223?pwd=NUZaZVVcUZ4dkJXT2pOeW900Uk2dz09>

Meeting id: 945 4029 8223; Passcode:D8Pyti

Minutes of meeting:

- Role & responsibility of Students
- Volunteers Do's & Don'ts
- Things you Can do
- Be an Inspirer

Coastal Cleaning Day



Bharath Institute of Higher Education and Research, Bhaarth medical College, Sree Balaji College of Nursing College, BIHER NSS CELL participated in Coastal Cleaning Program at ECR JUHU Beach Chennai. More than 150 Volunteers participated in this Coastal Cleaning activity.

NSS DAY

Rally for E waste



In Our BIHER NSS CELL Celebrated NSS DAY with Various Activities. NSS Volunteers are participated all the Activities.

Voter ID with Aadhar card link Campaign



B 2 3 4683511

*Form-6B / படிவம்-6B
[See Rule 26A] / (பாதி 26A-ஐ பார்க்க)
ELECTION COMMISSION OF INDIA / இந்திய தேர்தல் ஆணையம்
Letter of Information of Aadhar number for the purpose of electoral roll authentication /
வாக்காளர் பட்டியல் அங்கீகரிக்கப்படும் நோக்கத்திற்காக ஆதார் எண் உண்மையானதை உறுதிப்படுத்துதல்

I (Name of Elector) am Enrolled in electoral roll of _____
(Name of Assembly / Parliamentary Constituency)
having EPIC Number _____
(வாக்காளர் பெயர்)
(எட்டியைப் பட்டியலில் உள்ளது என்று உறுதிப்படுத்தும் எட்டியை எண்)
வாக்காளர் பட்டியலில் உள்ளது என்று உறுதிப்படுத்தும் எட்டியை எண்

I hereby submit the following information for the purpose of authentication of my entry in electoral roll :-
நான் வாக்காளர் பட்டியலில் உள்ளது என்று உறுதிப்படுத்தும் நோக்கத்திற்காக பின்வரும் தகவலை வழங்குகிறேன் :-
(Please tick the appropriate box) / (தகவல் கொடுக்க வேண்டியதைக் கட்டித் தேர்வு செய்யவும்)

(a) ☐ Aadhar No. / ஆதார் எண் _____ or / அல்லது _____

(b) ☐ I am not able to furnish my Aadhar number. Therefore, I hereby submit a copy of one of the following documents :- /
எனக்கு ஆதார் எண் வழங்க முடியவில்லை. எனவே, ஆதார் எண் உறுதிப்படுத்தும் நோக்கத்திற்காக பின்வரும் தகவலை நான் வழங்குகிறேன்.
(Please tick the appropriate box) / (தகவல் கொடுக்க வேண்டியதைக் கட்டித் தேர்வு செய்யவும்)

☐ MGNREGS Job Card / மகாத்மா காந்தி தேசிய வேலை உறுதிப்படுத்தல் திட்டம் கார்ட்
☐ Passbooks with photograph issued by Bank / Post Office / வங்கி / அஞ்சல் அலுவலகத்தின் வழங்கப்பட்ட புகைப்பாட்டுக் கார்ட்
☐ Health Insurance Smart Card issued under the scheme of Ministry of Labour / தொழிலாளர் அமைச்சகத்தின் கீழ் வழங்கப்பட்ட கார்ட்
☐ Driving License / டிரைவ் லைசன்ஸ்
☐ PAN Card / பி.என்.ஏ. கார்ட்
☐ Smart Card issued by RGI under NPR / தேசிய மக்கள் தொகை பதிவேட்டின் கீழ் வழங்கப்பட்ட கார்ட்
☐ Indian Passport / இந்தியக் கடவுள்
☐ Pension document with photograph / புகைப்பாட்டுக் கார்ட்
☐ Service Identity card with photograph issued to employees by Central / State Govt. / PSUs / Public Limited Companies / மத்திய / மாநில அரசு / பொதுத்துறை நிறுவனங்கள் / வணிக நிறுவனங்கள்
☐ Official Identity Card issued to MPs/MLAs/MLCs / பாராளுமன்ற உறுப்பினர்கள் / எட்டியை உறுதிப்படுத்தும்
☐ Unique Identity ID (UID) Card issued by M/o Social Justice and Empowerment, Government of India / இந்திய அரசாங்கத்தின் சமூக நீதி மற்றும் அபிவிருத்தித் துறை அமைச்சகத்தின் கீழ் வழங்கப்பட்ட கார்ட் (UID)

Signature of the elector / வாக்காளர் கையொப்பம் : _____
Name of the elector / வாக்காளர் பெயர் : _____
Email ID/Mobile Number / மின்னஞ்சல் முகவரி/ மொபைல் எண் : _____
Place / இடம் : _____
Date / தேதி : _____

332-S-Form 6B-B23

In Our Volunteers is Involved Voter ID with Aadhar card link Campaign in Thiruvancherry Panchayat.



Bharath Institute of Higher Education and Research Unnat Bharat Abhiyan (UBA) Cell Organized VoterID with Aadhar card link Campaign. Thiru.J.Rajasekar (Administrative officer BIHER) handover Completed Documents to Mrs.Kavitha (Thasildar Tambaram).

Anti Drug Awareness Rally




Sharath

INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Declared as deemed to be university under section 3 of UGC Act 1956)

JOINTLY ORGANISES WITH TAMBARAM CITY POLICE



Inauguration by,
Dr.A.AMALRAJ I.P.S
Commissioner of Police
Tambaram City Police



எனக்கு வேண்டாம்
நமக்கு வேண்டாம்



"AN ANTI - DRUG AWARENESS RALLY"
DRUG FREE STATE
"SAY NO TO DRUGS"

**VENUE : BIST CAMPUS
SELAIYUR-73**

**DATE : 18-10-2022
TUESDAY**

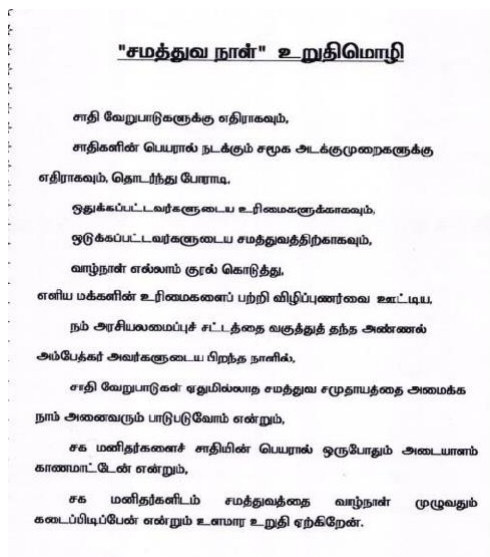


NSS Cell BIHER Jointly organized with Tambaram City Police Anti-Drug Awareness Rally Inaugurations & Rally was Flagged on By Dr.A.Amalraj /IPS Commissioner of Police Tambaram City Police. Our Volunteers& Students 1500 and Program officers are Involved in this drug awareness program.

"Lifestyle for the Environment" Pledge

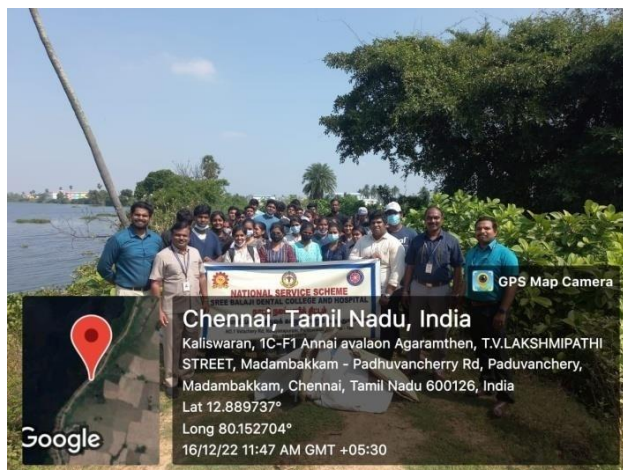


Rashtriya Ekta Diwas (National Unity Day) Pledge



Our NSS Volunteers Took Rashtriya Ekta Diwas (National Unity Day) and Lifestyle for the Environment Pledge

Lake Clean Up



More than 75 NSS Volunteers involved in lake clan up program Dr.P.Naveenchandran Director, IQAC. Inaugurated the Program Dr.E.Thulasiram MDS, Dental Unit PO and Dr.B.Karthik(PO) Coordinated the Program.



EFI-49-16122022--MCU

CERTIFICATE OF APPRECIATION

THIS CERTIFICATE IS PRESENTED TO :

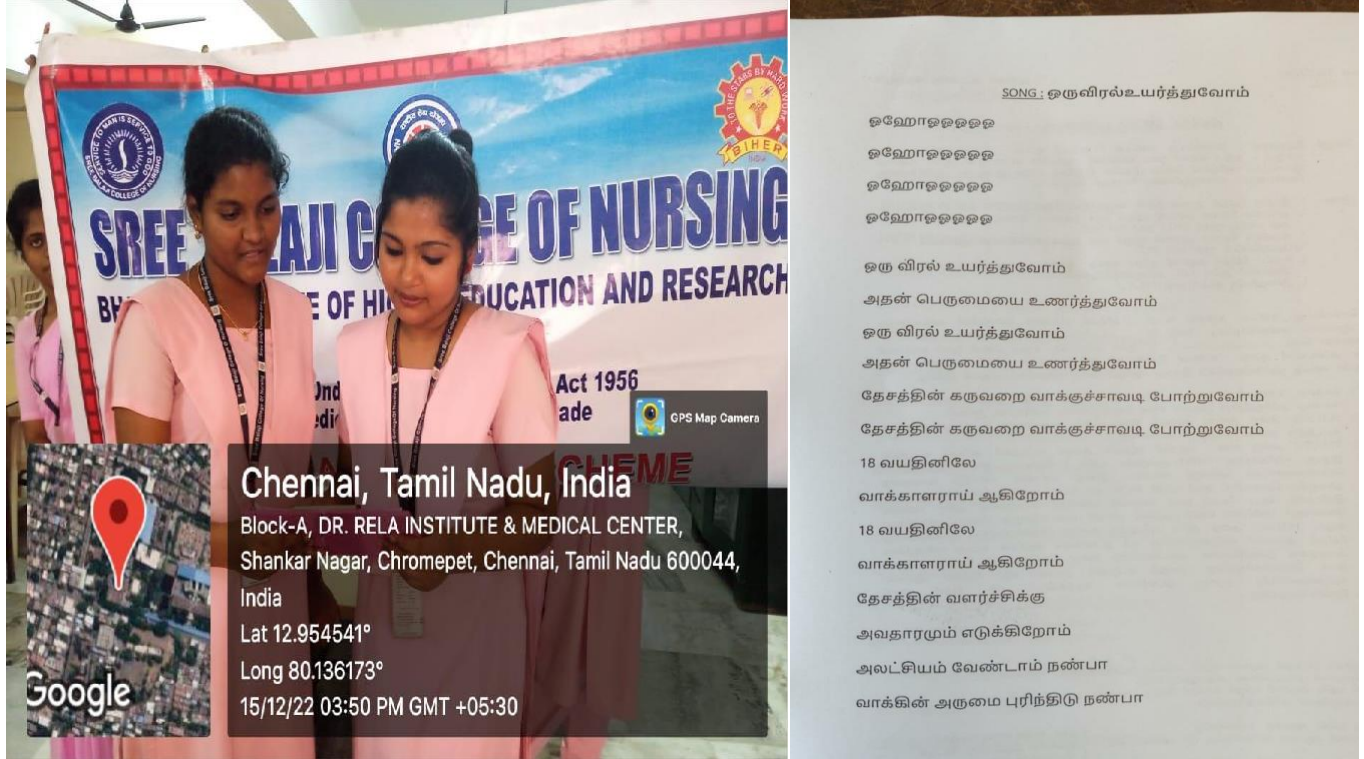
Bharath Institute of Higher Education and Research, Chennai.

for participating in the clean up drive conducted
by the Environmentalist Foundation of India on 16/12/2022 .

E-CERTIFICATES DOES NOT REQUIRE A FORMAL SIGNATURE AND IS VALID WITH IT'S SERIAL NUMBER.

VOLUNTEER FOR INDIA AND HER ENVIRONMENT WITH E.F.I!

Voter Awareness Program



Our Volunteers prepare the song and Aware the Voters Important to the First time voters. More than 45 first time voters are participated.



Under the guidance of Mr.K.Vijayakumar Deputy Thasildar, Mrs.S.Kavitha Assistant Election Commission Tambaram. Our volunteers and Program Officers are participated Voters Day at Tambaram Thasildar Office.

Pongal Celebration



Our BIHER Faculties and Staff Members Celebrate, The Pongal Festival at BIHER campus. India is an agricultural country and the majority of the festivals are inclined towards nature. College celebrates "Samathuva Pongal" featuring a sense of equality among the students and Faculties. It is a celebration when all students and staff of different diversities participate.

Awareness Program

Vizhithelu Filmed by Kanchipuram PRO



Our NSS Volunteers and Students are watch the Mobile Awareness Film “Vizhithelu” BIHER Campus
1500 Students involve and watch the Film.

THOOIMAI NAGARATHIRKANA MAKKAL IAKKAM



Our BIHER Housekeeper Involve the THOOIMAI NAGARATHIRKANA MAKKAL IYAKKAM program and gain Knowledge about THOOIMAI NAGARAM.

State NSS Orientation



Participated NSS programme coordinators Orientation Programme at Don Bosco Retreat Centre Yercaud, Salem on 24th and 25th March 2023

Flow Chart for the NSS Cell

